

# LEGACY

RIDEOUT HEALTH FOUNDATION ANNUAL REPORT 2016/2017



RIDEOUT REGIONAL MEDICAL CENTER



RIDEOUT HEALTH  
FOUNDATION



**RIDEOUT HEALTH**  
FOUNDATION

(530) 751-4070  
[RideoutHealth.org/giving](http://RideoutHealth.org/giving)

# From Our Foundation Board

Dear Friend of the Foundation,

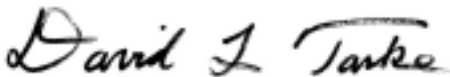
## **Our Legacy – Saving Lives**

Since 1907 our skilled and compassionate caregivers at Rideout have been devoted to serving the medical needs of our community. One common goal this remarkable team of professionals share each and every day is – to save lives. We are proud to say that this goal of saving lives has become one of our legacies. Whether you or a loved one are faced with an emergent event such as a heart attack, or a devastating disease like cancer, or are simply on a quest to improve your overall health and wellbeing, our physicians and staff go above and beyond to provide top notch care to all who pass through our doors.

As we embark on a new chapter here at the beautiful, newly opened Rideout Regional Medical Center, all of us look forward to continuing this legacy of saving lives by providing exceptional care to our patients each and every day. To continue this important work, we look to the unwavering support and generosity of our community. Your gift to the Rideout Health Foundation will ensure that our talented and dedicated nurses, clinicians and physicians will have the state-of-the-art equipment and tools they need to continue to save lives on a daily basis. Your donation can make all the difference to the next family who is counting on us to save the life of their loved one.

With your generosity, our legacy of saving lives will continue. Please make your gift to the Foundation today. We sincerely thank you for your support.

Sincerely,  
On behalf of the Rideout Health Foundation Board of Directors



David Tarke, Chairman

## **Mission of the Foundation**

The Rideout Health Foundation promotes the philanthropic contributions that advance the mission of Rideout Health.

## **Vision of the Foundation**

To be a recognized leader in developing and implementing innovative programs that will improve the quality of life and the health of our communities.

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**Rideout Health Foundation**  
 618 Fifth Street, Marysville, CA 95901  
 (530) 751-4070  
[RideoutHealth.org/giving](http://RideoutHealth.org/giving)

## A Legacy of Saving Lives

**Eric Jordan** 17

"The key to Eric's future was the care he received at Rideout."

**Jill Clark** 18

"They would do everything they could to make it easier."

**Joe Caputo** 19

"I don't fit the typical profile of someone who was going to have a heart attack."

## On the Cover



**RIDEOUT REGIONAL MEDICAL CENTER** provides acute care services to residents of Yuba, Sutter and the surrounding region, including Emergency services and Level III Trauma center and a rooftop Helipad allowing us to receive patients from farther afield, as well as transport patients with specialized needs to specialty centers more expeditiously.

**The new hospital building also offers the following regional services:** New sophisticated diagnostic imaging technology; Expanded and enriched cardiovascular services; Labor & Delivery services, a Well-Baby Nursery and a Neonatal Intensive Care Unit.



# Building On Our Legacy

## The Rideout Health Foundation Invests in the Center for Women's Imaging

### Annual Appeal

The Foundation's fundraising efforts this year supported our Special Projects Fund including the Center for Women's Imaging, a partnership with Sutter Buttes Imaging, LLC, that will open this fall.

### The Best Technologies

Testing and diagnostics play a vital role in overall health. The Center for Women's Imaging offers the finest and most advanced technologies available, including:

- 3D Tomosynthesis Mammography with Computer Aided Detection
- Breast Ultrasound
- Bone Density Testing
- Breast Cancer Risk Assessment
- Radiologist Consultation

### The Best Staff

Our highly professional technologists are all skilled specialists with years of experience. Our singular focus is earlier detection, more thorough diagnoses, and excellence in patient care.

### Designated Patient Navigator

If you are diagnosed with breast disease, we provide experienced professional help to guide you and your loved ones through the process. Your navigator will coordinate your care and oversee any necessary tests, treatments and follow-up care prescribed by your team of health specialists.

To learn more about the Center for Women's Imaging, please call (530) 751-5410.



# Living Our Legacy

## Foundation Gifts and Programs

### Financial Aid Scholarships

This year, the Foundation's Financial Aid & Scholarship Program supported the education of current and future healthcare professionals. Allocations included:

- **Janice Frank Nursing Leadership Scholarships** in the amount of \$1,000 to Jaspreet Girn, RN, \$500 to Nabilah Sandhu, RN and \$500 to Sonia Sharma, RN, which will enable them to complete their Bachelor's Degrees in Nursing;
- **\$4,000 in scholarships** to four area high school and college students pursuing higher education in healthcare;
- **\$5,000 in scholarships** to ten **Dorothy C. Wisner Teen Leadership** alumni who have been accepted into college/university.

### Teen Leadership Council

The Foundation is especially proud of our **Teen Leadership Council** comprised this year of 37 wonderful high school students interested in pursuing medical and healthcare-related careers. The 2017 class completed the program in June and we want to thank their high school liaisons for coordinating their participation: Tim Malone & Christy Spade, Marysville Charter Academy; Wendy Olson, Marysville; Lori Burrow, Sutter Union; Tina Tayloe & Claudia Espinoza-Barajas, River Valley; Chris Jorrin, Wheatland; John Walker & Jimmy Graben, Lindhurst; Amy Hendrix, Yuba City; Shannon Smith, Faith Christian. We'd also like to thank Tammy Pierce from Rideout Health for coordinating this great program.

The Teen Leadership Council Program consists of three educational elements, which also encourage them to be engaged citizens, no matter what career path they follow.

*Below: Rideout Teen Leadership Council*



#### **Healthcare Education:**

The students hear from physicians, clinicians, they get tours and hands-on experience as well as job shadowing opportunities.

#### **Community Service:**

They are encouraged to participate in community events that are hosted by Rideout Health, just as they are doing this evening.

**Philanthropy:** They are encouraged to volunteer for fundraising events for the Rideout Health Foundation.

# Continuing Our Legacy

## Capital Campaign Donors

The Rideout Capital Campaign was an effort that united the hospital with the community. Civic-minded philanthropists have always bridged the gap to support needed healthcare services and equipment that might not otherwise be available here, thereby allowing us to provide quality healthcare for all. Naming opportunities remain available throughout the facility. Contact us for more information on how you can join others and leave a legacy.

### Baveljit & Bobby Samara

Sonny and Bobby have a personal belief that the value of life and health is irreplaceable, both being fundamental elements to prosperity. Rideout Foundation is where they believe their contribution will reach out and impact the community in the most positive way.

Baveljit and Bobby Samara raised two beautiful daughters



#### IMAGING WAIT/ RECEPTION AREA

*Donated by*

#### Baveljit and Bobby Samara



Baveljit and Bobby Samara have a personal belief that the value of one's life and good health is irreplaceable, both being fundamental elements to prosperity. The Samaras raised two beautiful daughters and through much hard work founded New Legend, Inc. and Samara Farms, LLC in Yuba City. Now they desire to give back to the community in which they were able to establish their roots and build their dreams from the bottom up. The Samaras chose to support the Rideout Foundation based

upon the belief that their contribution will reach the most people in need and impact the community in a positive way. The Samaras want to ensure that illness never gets in the way of one's ability to meet their goals and live their dreams.

and founded New Legend Inc. and Samara Farms LLC. here in Yuba City, California.

The Samaras were certain that they wanted to give back to the community in which they were able to establish and accomplish their dreams from the bottom up. They want to ensure that health and illness never get in the way of one's desire to fulfill their dreams and goals, which underlies their reason to donate.

### Sonny Kalkat

Family, friends, and farming are the values that Bhupinder "Sonny" Kalkat held dearest to his heart. Born in India, Sonny migrated with his family to Live Oak, California as a small child. The first in his family to attend college, he graduated from UC Davis with a degree in Agricultural and Managerial Economics in 1991, followed by a Master's in Business Administration in 1993.

Sonny found his passion early in life while helping run the family farming business. His passion and knowledge soon translated into helping expand his family farming business while simultaneously growing his own farming operation.

Among his great successes, he always had a drive to give back to society. His philanthropic efforts included setting up a fund to help local patients who could not pay for expensive brand named medication and supporting numerous local community service organizations. He also made substantial donations to a cause dedicated to helping those who needed eye surgeries in the poorest parts of India through the Sankara Eye Foundation.



*In Loving Memory of*

#### Bhupinder "Sonny" Kalkat

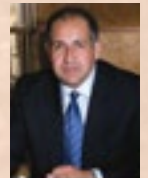
*Who will be forever in the hearts of his family and friends.*



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# Leaving a Legacy

## New Bequest Society Members



### 2017 Bequest Society

**Induction:** *Sonny and Bobby Samara have already given a generous contribution to the Capital Campaign, but wanted to pledge an additional estate gift to the foundation. Their gift is in the form of a living trust.*

### Major Gifts/Planned Gifts

More than one hundred years ago, one woman in Marysville, Phebe Rideout, saw a need and had a vision — to establish a hospital for people needing specialized medical care right in their own neighborhood. Phebe donated her Marysville home and planted a seed that still lives today.

The Rideout Health Foundation staff is ready to help you meet your unique financial needs by:

- Providing gift plans that benefit you and your family.
- Bringing immediate and deferred tax advantages to both you and your heirs
- Having a meaningful impact on Rideout Health and our goals and interests, beyond your own lifetime and far into the future.

**Charitable Gift Annuity:** A charitable gift annuity provides an income fund for the donor.

**Deferred Charitable Gift Annuity:** Similar to the charitable gift annuity, the deferred charitable gift annuity

may be a better choice for younger donors who are planning for supplemental income when they retire.

**Insurance Naming:** Rideout Health as the primary or contingent insurance policy beneficiary is another popular gift.

**Charitable Remainder Annuity:** The charitable remainder annuity is irrevocable and provides a fixed income based on the value of the assets at the time the trust is created.

**Charitable Remainder Unitrust:** The charitable remainder unitrust is also an irrevocable trust, but provides fluctuating income based on a fixed percentage of the annual value of the trust.

**Charitable Lead Trust:** The charitable lead trust allows the donor to provide the medical center with income for a specific number of years, which he or she determines (five, 10, 15, 25 years or more).

### Endowments

An endowment is a financial asset, in the form of a donation made to a non-profit group, institution or individual consisting of investment funds or other property that may or may not have a stated purpose at the bequest of the donor. Most endowments are designed to keep the principal amount intact while using the investment income from dividends for charitable efforts.



# A Legacy of Giving

## Colusa Casino Resort



If there is a charitable event in Yuba-Sutter or Colusa, you can expect to see Colusa Casino on the list of sponsors and supporters. From “An Elegant Soiree” benefiting the United Way to “Dueling Pianos” benefiting Geweke’s Caring for Women Foundation, our community can always count on them.

At Rideout, Colusa Casino has gone above & beyond. The casino and the Colusa Indian Council has for the past five years supported the Rideout Health Foundation’s Fairway to Health fundraiser as one of the top sponsors and for the past seven years they have hosted our Dance with Our Stars event at Colusa Casino Resort by providing the venue, staff, a VIP room and much more. At Rideout Memorial Hospital, Colusa Casino donated funds to build two beautiful trophy cases where we could place our special awards and Rideout Health memorabilia.



**Above:** For Dance with Our Stars, Colusa Casino Resort transforms their Bingo Room into a spectacular showroom.



# Annual Contributions

## Gifts Received July, 2016 - June, 2017

### \$100,000 +

The Estate of Doug &  
Sibyl "Jean" Goss

### \$50,000 - \$99,999

Ronald & Norma  
Giovannetti  
Legend Transportation  
– Sonny & Bobby  
Samara

John & Ellie Cary  
Lincoln Financial  
Advisors  
Gerry Haskell  
Huntley-Bravos-Zall  
Insurance Brokers  
J.M. Streamline Inc.  
Kristy Kelly  
Richall Electric Co.  
Cathleen Simpson  
UC Davis Health System

### \$1,000 - \$4,999

Gino Patrizio  
The Haskell Fund  
Shoei Foods USA, Inc.  
Sierra Central Credit  
Union  
Rory & Carol Ramirez  
Bi-County Ambulance  
Hilbers Incorporated  
Meagher & Tomlinson  
Company  
HSS, Inc.  
Ray Morgan Company  
Rajinder Tumber  
Sunsweet Growers, Inc.  
Sarbjit Thiara  
Michelle Sniffen  
Comcept Technologies,  
Inc.  
Karm & Harpreet Bains  
David & Janice Nall  
Stafford King Wiese  
Architects  
Climate Control  
Drs. Daniel Dorsey &  
Susan Lott  
Dr. Ashraf & Sherry  
Ekdawy

Heather Gates  
Robert L. Inman  
Prentiss & Joyce Black  
Russ & Donna Clark  
Neill & Sandra Mitchell  
Mom 365  
Sunset Moulding  
Company  
Bank of Feather River  
Law Office of Paulla Hyatt-  
McIntire  
Gary & Navneet Thiara  
Dr. Michael & Anneliese  
Blanchard  
Alex Bravos  
Calpine Corporation  
DesCor Inc.  
David Ernstam Financial  
Services  
Geweke Ford Kia  
Ronald A. Gordon  
Highmark Land Company,  
LLC  
Kimmel Construction, Inc.  
David & Janeane Lanza  
Mission Linen Supply  
John & Trish Morrison  
N & R Trailer Leasing  
Nor Cal Ambulance  
Optima Healthcare  
Owens & Minor  
Pipe Trades District  
Council No. 37  
Retirement Benefits Group  
Rideout Medical  
Associates, Inc.  
Sodexo, Inc. & Affiliates  
Stassi Carpentry – Colusa  
Sun Valley Rice Company,  
LLC

The Happy Viking Sports  
Bar & Eatery  
UBS Financials  
Valley Truck & Tractor  
West Com & TV, Inc.  
Consolidated  
Communications  
Foundation  
May Lim  
Rich & Mary Gabel  
Dorothy Jang  
Zach & Jessica Zall  
Mike & Tammy Pierce  
Pennee Nix  
John & Kristine Cassidy  
Ravi S. & Sureena Thiara  
Cheryl Wagonhurst  
Rob & Laura Schroeder  
Brittany Coberly  
AA Mini Storage  
Donna Bertolini  
Marilyn Covey  
Lisabeth Gilbert-  
Cummings  
Empire Farming Company,  
LLC  
Farm Credit West, FLCA  
Patricia Hicks  
Hust Brothers, Inc.  
Sara Jo Lemoine  
Lomo Cold Storage  
Raquel Montero  
William & Vicki Montna  
Connie Morton  
Roycealynn Nix  
PT Welding, Inc  
Recycling Industries  
Carole Spiller  
Sutter Buttes Imaging  
Group

*The wise man does not lay up his own  
treasures. The more he gives to others, the  
more he has for his own."*

—Lao Tzu

### \$10,000 - \$49,999

Fremont Hospital  
Auxiliary  
Kalkat Brothers Land Co.  
Dr. Venu & Sabita Kondle  
Alex & Stephanie Bumpus  
Dr. & Mrs. Rupinder Brar  
Union Bank  
Colusa Casino Resort  
Valley Muffler Sales  
Didar & Santi Bains  
Craig & Anna Dress  
Rideout Hospital Auxiliary  
Ron & Pam Sweeney

### \$5,000 - \$9,999

Kelly Architecture &  
Planning  
PG&E Corporation  
Foundation  
Recology Yuba-Sutter  
Frank M. Booth, Inc.  
Jan Callahan

Thiara Agribusiness  
Dr. Douglas & Lois Tolley  
Maryann Morris  
RaboBank  
Monica Tejada  
Kathleen Black

### \$500 - \$999

Stephen Hammarstrom  
Vicki Reimann  
Linda Plummer  
Buehler & Buehler  
Structural Engineers,  
Inc.  
Butler Cleaners and  
Laundry  
Coast Environmental  
D & H Transportation, Inc.  
K Coe Isom, LLP  
Schuering Zimmerman &  
Doyle, LLP  
Wheeler Chevrolet-  
Oldsmobile-Cadillac  
Yuba City Honda  
Ginger Purewal  
B.E. Giovannetti & Sons  
Half Moon Fruit &  
Produce Co.  
Richard & Mary Leonard  
Joy Morgan  
Kevin & Dianne  
Armstrong  
James & Joan Buchan  
Express Employment  
Professionals  
Margaret Murphy  
Dane & Lisa Siller  
Lisa Weir  
Floris VandeVen  
Susan Lominac

James E. Abbott  
Darin & Christina Ahlers  
Jessica Alvarez  
Bob & Cooky Amarel  
American Business  
Systems  
Anderson Dragline  
Service  
Mr. & Mrs. Raghbir Atwal  
Bonnie Ayers  
Berkshire Hathaway  
Kalminder Bhullar  
BILTEK Profits  
Dan & Ann Bozzo  
Julie Buck  
Jake & Dorothy  
Buttacavoli  
California Engineering  
Company, Inc.  
California Water Service  
Company  
Century 21 Select Real  
Estate, Inc.  
Wendy Chason  
Jeffrey Chavez  
Daniel Chibaya & Ennies  
Musvosvi  
Stephen T. Clark, CPA  
Bruce Conklin  
Danna & Danna, Inc.  
Danna Farms, Inc.  
James & Emily Dawson  
Tara DeAguiar  
Buljit & Satjit Dhani  
Donald Dracoulis  
Angela Enright  
William E. Farrant  
Larry & Carol Fitch  
Mary Agnes Gobel  
Home Court Yuba City

Isela Iachella  
Tracie Ibis  
Timothy Ingraham  
J & M Farms  
Lakeview Petroleum  
Tom Lininger  
Tepy Lor  
Dr. Richard Maddalena  
Virginia Medina  
Deborah Merrill  
Dr. Sanjiv Midha  
Krista Minton  
Joe & Brenda Morehead  
Vincent & Debra Naso  
Debbie O'Bryan  
Tami Okuma  
Randy Patane  
Dianne Rapp  
Dr. Alexandra Reichman  
Republic Services of  
Sacramento  
Karen Reusser  
Dr. Francisco Reveles  
Sierra Gold Nurseries  
Kent & Karen Siller  
Snelling BKKG & Tax  
Service  
Kirt & Susan Stassi  
Stirnaman Insurance  
Company  
Stromer Realty Company  
Suncrest Bank  
Sutter County Employees  
Association  
Ric & Eva Teagarden  
Mai Thao  
Kamal Thiara  
Town Cleaners, LLC  
USA Mini Mart, Inc.  
Valley Commodities, LLC

*...we all have a stake in our community  
as much as we do in our own spirits, and  
seeking avenues of generosity is the direct  
path to peace among us.*

— Shari Arison

Tamara Vargas  
Roxie Walker-Jones  
Dizarea Webber  
Wheatland Union High  
School Booster Club  
Troy White  
Kathryn Wilkins  
Yuba-Sutter Oncology  
Center, Inc.  
Yuba-Sutter Training Zone

## Thank You

Thank you to all our generous supporters. Your gifts make a difference in the lives of others.

We appreciate your contributions toward helping us provide medical excellence close to home.

The list of donors includes cash gifts of \$500 or more made July 2016 through September 2017. Every effort has been made to ensure accurate information. Please let us know if there is an error or omission. You can reach us at 530 751-4070.



# A Legacy of Caring

## Investing in Life-Saving Technology and Programs

### Cardiac Catheterization Lab

The opening of our three angiography suites on floor two at the new Rideout Regional Medical Center building has expanded and enriched our cardiovascular services with fully digital angiography systems that provide the least-invasive techniques available to diagnose and treat vascular disease both in the heart and elsewhere in the body. In situations where the value of a medical intervention is dependent on how quickly it can be provided, these new suites are optimized for both speed and efficiency.

### NICU

The nursery at the new Rideout Regional Medical Center building offers fifteen bassinets and a six-bed neonatal intensive care unit (NICU) offering specialized bassinets and quality care for our tiniest patients. Having a baby in the NICU is a challenging and often life-changing experience and the impact on families is profound.

### Trauma/Helipad

As a Level III Trauma Center, Rideout has 24-hour in-house staffing by physicians and surgeons trained

in trauma and emergency medicine, as well as on-call coverage for specialties such as cardiology, cardiac surgery and orthopedics. With our new facility, not all patients with serious injuries or conditions will arrive by ambulance. Our new rooftop helipad allows us to receive patients from farther afield, as well as transport our patients with specialized needs to specialty centers more expeditiously. The helipad's dedicated elevator whisks patients right to the ED, where appropriate Rideout team members will have assembled to begin treatment.

### Stroke

To combat stroke, the fifth leading cause of death and the leading cause of disability for all Americans, Rideout has established a comprehensive Stroke Program led by dedicated stroke care professionals. In May, the program earned an Achievement Award from the American Heart/American Stroke Association.

### Cancer Center

The Rideout Cancer Center, which is a partnership with Rideout Health and the University of California Davis Cancer Care Network, provides our cancer patients and their families with the most up-to-date and effective cancer care in our community. UC Davis is a National Cancer Institute (NCI) designated cancer center, which comprises research, clinical trials, and the latest technology. Our partnership with the UC Davis Cancer Care Network sets our standards high in providing quality care to our patients. Our patients receive the quality of care that they might expect from a large university medical center with the compassion and personalization of a community based hospital.



# Celebrating Our Legacy

## Cancer Survivor Celebration



On June 1, 2017 Rideout Cancer Center, in partnership with UC Davis Health System, invited cancer survivors, family members and close friends whose lives have been touched by cancer to “Life . . . is a Fiesta” to celebrate and honor cancer survivors and to show that there is life after a cancer diagnosis – and it’s worth celebrating.

The celebration is in conjunction with Cancer Survivors Day, a cherished annual worldwide celebration of life. It is a time to honor everyone who is living with a history of cancer – including America’s nearly 14 million cancer survivors. “A ‘survivor’ is anyone living with a history of cancer – from the moment of diagnosis through the remainder of life,” according to the National Cancer Survivors Day Foundation.



“Once someone is diagnosed, we consider them survivors – they may have completed their treatments; some are still getting treatment and others may have completed their care years ago! We are celebrating everyone who has or has had cancer”, says Margaret Murphy, the Cancer Center Administrator.

**Above:** *Karen Schoenig, RN, Kellie Geweke Sheeran, Margaret Murphy, Administrator, Nancy Geweke Elrod.*

“Life is a Fiesta” also celebrated the caregivers, families and friends who supported the survivor through their care. Life after cancer can be beautiful, abundant and fulfilling and that’s something to celebrate”.

Survivors and their guests were treated to appetizers, music, games and raffle prizes. The day was filled with hope and camaraderie as we honored our community members whose lives have been impacted by cancer.

Dr. Gill, a Rideout Cancer Center physician, was our speaker. He invited cancer survivors to share their stories at this event.



# Supporting Our Legacy

## Foundation Fundraising Events



**Right:** *The 27th Annual Fairway to Health Committee*

**Below:** *And they're off!*



### Fairway to Health

The Foundation's popular annual golf classic celebrated its 27th anniversary this year. Since its inception this event has raised more than \$2 million for healthcare for our community.

A special thank you to the 92 sponsors, 62 silent auction donors, 174 golfers, 50+ volunteers and golf committee members for making it a huge success. And a big thank you to Alex Bumpus, our hardworking Committee Chairman.

This year the tournament and auctions netted \$128,902 to support our special projects fund and the new Center for Women's Imaging, a partnership with Sutter Buttes Imaging.



## Dance With Our Stars

If you missed our sixth annual Dance with Our Stars fundraiser you missed something truly wonderful. The event has been held at Colusa Casino Resort for all seven years. This year eleven local “stars” pledged to raise a minimum of \$5,000 each to participate – they outdid themselves, raising more than \$98,000 towards their pledges. A total of \$133,000 in sponsorships and in kind support was raised to benefit our Special Projects Fund supporting programs like our new Center for Women’s Imaging, a partnership with Sutter Buttes Imaging which will open later this year – and other important Rideout Health initiatives. 100% of the proceeds stay right here at home.

A big thank you to our dazzling, dancing pros and celebrities.

- **Penny Howsley** with Tim Davis
- **Jack Johnson** with Sammy Dake
- **Chris Mastelotto** with Michele Blake
- **Connie Morton** with Andre Licon
- **Susie Stassi** with Cameron Elkins
- **Renee Bogart** with Brighton West
- **Bal Dhillon** with Taylor King
- **Preet Didbal** with Kevin Schauer
- **Tierni Martins** with Kevin Thomas
- **Margaret Murphy** with Dave Lopez
- **Francisco Reveles** with Meghan DeGroot

And a special thank you to Amanda Davis, our Dance Diva, aka “herder of cats,” and these fantastic choreographers: Jacqué Dake, Samantha Dake, Michele Blake, Samantha Chizek and Tara McCroskey.

Much thanks to Colusa Casino Resort and its general manager, Victor Fernandez, Emily Haver, Marketing Manager, and the Colusa Indian Community Council. The Casino has been a wonderful friend to the Foundation, to Rideout and the Yuba Sutter Colusa Community.



## Community Fundraisers

We have been very fortunate that our Foundation has so many partners in our community. They not only support our programs, but often create their own programs and events to benefit the Foundation and our patients. Thank you:

- **Flying U Rodeo and Marysville Stampede:** Tough Enough to Wear Pink Night, Rideout Cancer Center
- **Geweke’s Caring for Women Foundation:** A New Specialized Van for our Cancer Patients
- **Valley Muffler Car Show & Raffle, Bliss Kopping:** Rideout Cancer Center Patient Discretionary Fund
- **Westcoast Muscle Athletic Center:** Rideout Cancer Center Patient Discretionary Fund

**Above Top:** *Saturday evening Judges’ Choice winners Preet Didbal and pro Kevin Schauer.*

**Above Bottom:** *Friday evening Judges’ Choice winners Penny Howsley and pro Tim Davis.*

# The Legacy of Volunteerism

## The Gift of Time

Volunteers are the heart and soul of our organization, giving time, talents and compassion to serve patients and families. Rideout Health honored volunteers during National Healthcare Volunteer Week, April 23 - 29, 2017.

### Hospital Greeters

Our newest program rolled out in February of this year at the Rideout Regional Medical Center Information Desk. These wonderful stewards of our community hospital greet visitors and patients with a welcoming smile while lending a helping hand and ear. Our greeters help way find, offer assistance with wheelchairs, keep little ones busy with activity books and act as an overall resource to visitors and our security services.

**Below:** Rideout Auxiliary members release balloons during National Healthcare Volunteer Week.



### Rideout Hospital Auxiliary

The Rideout Auxiliary runs the gift shop, has a floral design group, surgery hostess program, provides comfort packets for patients, funds a scholarship program, and manages the Vial of Life program. Since 1958, the auxiliary has served over 820,000 hours. In 2018, the Rideout Hospital Auxiliary will celebrate their 60th Anniversary.

### Cancer Center

Cancer Center volunteers help with community events, Support Groups, Peer Navigator Program, Chemotherapy and You

Class, and the Patient and Family Advisory Board. Many assist the Cancer Center with its patients, family members, caregivers and staff.

### Senior Living

Senior Services encompasses The Fountains Skilled Nursing, The Courtyard Assisted Living and The Gardens Alzheimer's & Dementia care facilities. Both adult and junior volunteers assist with activities and give special one-on-one attention to our patients and residents.

### Emergency Department

Many of these volunteers are students pursuing a medical career and serve as a resource to our staff, patients and their families. They round on patients, assist with getting them pillows, blankets, etc. and act as a communicator between patients and staff.

### Hospice

This division of Rideout Hospice closed earlier this year and we would not want it to happen without acknowledging the ray of sunshine that the Rideout volunteers have brought to our patients and their families. Since January of last year to date, Rideout Hospice volunteers have served more than 3,275 hours. Their love, their genuine sincerity, and their honorable and thoughtful qualities have touched so many people's lives.

### Rideout Health Foundation

The Rideout Health Foundation relies on volunteers, both community members and employees. Foundation volunteers play a very valuable role in the continued success of the annual Fairway to Health Golf Tournament and Dance with Our Stars fundraisers.

# A Legacy of Saving Lives

## Grateful Patients

There is a three-hour treatment window for a good outcome when a person experiences a stroke, but treatment within 30 minutes is certainly better. When Eric Jordan woke up from a nap unable to move his leg, Rideout Emergency Department was just minutes away. That made all the difference.

“The type of stroke I had was very unusual,” Eric said. Called a brain stem stroke, it affects vital functions like breathing and heartbeat, speech and swallowing. Simultaneously, he had “locked-in syndrome” which meant that he was totally aware, but unable to move or talk. “I couldn’t move one inch,” he said.

The key to Eric’s future – not only his survival but his full recovery – was the care he received at Rideout. When the ambulance arrived, there was an entire team ready.

“Because of locked-in syndrome, I couldn’t move or say anything, but I could see the doctors and nurses all around me.”

Eric was stabilized properly and a procedure was performed to clear the clot temporarily. That was exactly what had to happen immediately for any possibility of a good outcome. Then he was rushed to a larger hospital in Sacramento that was equipped to handle a patient like him.

Later, a certified Stroke Program would be established at Rideout Regional Medical Center. In May, the program earned an Achievement Award from the American Heart/American Stroke Association. But on January 26, 2011 when Eric arrived, the more advanced program of today



was not yet in place. The diagnosis and interventions that the medical professionals provided that day were critical.

Recovery was slow, and it took years, but it was constant. Eric began re-learning all that he had always taken for granted.

“I was a professional camera-man – my wife and I have had a business here for ten years – and I’d forgotten how to turn a camera on. I’d done that a thousand of times.”

One day, his company was hired to do some filming at Rideout. He walked in with all his camera gear. “I am so grateful. I walked back into the hospital I almost died at, and I was able to go and work professionally.”

Eric says his chances of survival for his kind of injury were “about one and a million.” Rideout’s critical first response helped to assure that Eric was the one.



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*I* drove by it for ten years,” Jill Clark said, “and I never really knew what it was.”

“I think most people don’t realize we have a cancer center in this small community.”

Jill got to know Rideout Cancer Center really well last year. In fact, it’s been a very intense couple of years – Jill got married, and then nine months later, she got a breast cancer diagnosis.

“It was only a stage one cancer,” she says, recognizing that she was very lucky. She’s the kind of woman who did everything to keep it that way. After the lumpectomy, she was referred to Rideout Cancer Center where her oncologist told her that “this is your time to fight it.”

And she did. The doctors, the technicians, the staff were all part of the treatment team for more than a year.

“I swear those nurses were put on the planet to do this job,” Jill said, her voice breaking. “I had gotten so sick in round one of the chemotherapy. By round two I didn’t want to be there and I remember crying.” In the next moment, one of the nurses gave her a hug.

“They would do everything they could to make it easier.”

Jill’s treatments sometimes meant visiting Rideout Cancer Center four times a week. Because it’s in Marysville, she could go home every night and sleep in her own bed. “When you’re sick, being able to be home – with my amazing new husband, my

son, all my family – makes it so much easier.”

Looking at the big picture, Jill said, “This is a small community where we lack a lot of big city things, but having quality health care right here is so much more important. And we do!”

Jill’s prognosis is good, and the cancer isn’t expected to return. When we had this interview, Jill, her husband and her son were celebrating with a family trip to Maui. When they’re home again, they’ll still have good care nearby.

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It was a Tuesday afternoon in August when Joe Caputo faced a difficult choice: continue his round of golf with his buddies and possibly break a score below 80, or pay attention to those pains in his chest. Like so many men, he ignored the pain and played through the rest of the afternoon.

By Wednesday morning, the symptoms that had been coming and going for more than two days, got stronger. He kept thinking it was just indigestion because he'd had some issues in the past.

But after his usual quarter-mile bike ride down the driveway to retrieve the newspaper, the chest pain was too debilitating to ignore.

"I said to my wife, 'Dear, I really don't know what's going on here, but I really feel bad, and I'm having terrible pain, and I think we ought to go to emergency.'"

About 15 minutes later, Joe and his wife arrived at Rideout Emergency Department. As a man with chest pains, he got priority attention. Immediately, he was seen and the series of tests began. The EKG exam showed nothing out of the ordinary, so he went to the waiting room for the other results to come in.

"It must have been about 10 minutes, and the pain in my chest came back. It felt like someone was trying to drive a metal stake right into the middle of my chest. I had never felt *anything* like that in my life."

Joe was always an active man. He served in the Air Force Reserves for 23 years, and being retired, he'd walk the golf



course three times a week, go to the gym, and maintain a good diet.

"I don't fit the typical profile of someone who was going to have heart disease, let alone a heart attack."

But it was a life-threatening heart attack with 100% blockage in one artery. Within 90 minutes of his arrival, the Rideout healthcare team had Joe in the cardiac catheterization lab, performed an angioplasty, inserted a stent, and placed Joe for recovery in the Cardiovascular ICU.

Eight days later, he was walking the golf course with his buddies again.

Joe's advice to others: Don't ignore those classic symptoms, but be confident that we have high quality health care here when you need it.

# The Greatest Legacy

## In Memoriam



### Robert "Bob" Chason

When Robert "Bob" Chason joined the Rideout Health Board of Directors in 2010, he may not have imagined the impact he was going to have on the quality and scope of health care available in our community.

Bob brought a profound commitment to education and health from almost three decades

of experience of UC Davis and its renowned Medical Center. There, he not only oversaw new health-technology innovations but created alliances with smaller regional hospitals and world-prominent research laboratories.

His skill in finding common ground led to profound partnerships on behalf of the patients who rely on Rideout Health. One example is the alliance he promoted with the UC Davis Health System that established the Fremont-Rideout Cancer Center in Marysville. But that's not all.

In 2014, Bob accepted the post of interim CEO of Rideout Health, harnessing his experience to guide the organization through tumultuous times. He became known for his personal style of coaching, mentoring and encouraging staff, while assuring that the quality of care reflected the service and outcomes that patients deserved.

Another lasting legacy of his tenure at Rideout Health is our affiliation with Adventist Health in a long-term partnership. He and fellow Rideout Health Governing Board members had the vision to ensure health care that serves the local community with the best possible resources remains here at home. By calling upon talents from far and wide, local knowledge is never lost: it is nurtured with sustenance from further afield.

The Yuba-Sutter community shares in a great loss with the passing of Robert Chason on May 9, 2017. Thankfully, his influence will be felt for many years to come.

### Carole Spiller

Carole Spiller was known throughout the Yuba-Sutter community as a trailblazer.

For 41 years, she worked for Sutter County in the area of information technology, long before most of us would have known the phrase. She spearheaded the use of computers for the county's data, and was appointed the first female president of the County Data Processing in 1965.



Leadership came naturally to Carole, where she broke barriers in her commitment to volunteerism as well. She served as President of the Prune Board (1997), President of the United Way, Chairman of American Cancer Society Daffodil Days, President of Soroptimist International of Yuba City and Marysville, and Past President and Governor of Venture Club of Yuba City and Marysville.

In 1996, Carole was awarded the United Way "Pedro Award." This award recognizes an individual's lifetime of caring for others and symbolizes the compassion of an individual for others. In 2007, Carole received the Yuba-Sutter Chamber of Commerce Athena Award. The Athena Award is presented annually to an individual who is recognized for professional excellence for providing valuable services to their community and for actively assisting women to realize their full leadership potential.

However, Carole never performed her volunteer activities with a view to awards or the spotlight. She had a life-long desire to help people and make the community a better place to live. For this reason, she joined the Rideout Health Foundation as a member of the Board of Directors in 2003. The foundation plays a crucial role in quality health care. The foundation raises gifts and funds that allow Rideout Health to continue developing innovative programs that improve the quality of life and health of our communities.

Carole's influence will long outlast her 82 years. Her legacy is sure to be felt by her family and the business and community friends she left behind.